



JUNE NEWSLETTER

CLEAR DERMATOLOGY &
AESTHETICS CENTER

2024

TABLE OF CONTENTS

| | |
|------------------------------|----|
| SULFITES WITH DR.PEARSON | 01 |
| MONTHLY MOHS WITH DR. OGRICH | 02 |
| SKINSIDER TIPS WITH HALEY | 03 |
| WELCOME HANNAH! | 04 |
| JUNE WEBINAR | 05 |
| MEMBERSHIPS | 06 |
| DESERT MOUNTAIN | 07 |
| RESEARCH - INVESTIGATEMD | 08 |

480-398-1550

INFO@CLEARDERMATOLOGY.NET





SULFITES

with Dr. Pearson

The **Allergen of the Year** for 2024 has been revealed as sulfites! These sneaky substances, commonly found in foods and beverages as preservatives, are causing quite the stir among allergy sufferers.

Sulfites, known for their role in maintaining freshness and preventing discoloration in various products, are now under the spotlight for triggering allergic reactions ranging from mild discomfort to severe respiratory issues. This year, they take center stage as the allergen to watch out for.

Products with High Probability of Containing Sulfite

With sulfites lurking in everything from wine to dried fruits, salad dressings to processed meats, it's no wonder that allergy experts are sounding the alarm. Those sensitive to sulfites must now navigate grocery aisles with extra caution, reading labels diligently to avoid potential allergen exposure.

If you have a rash that is bothersome, won't go away, or concerns you, please schedule an appointment with one of our board certified dermatologists!

SCHEDULE AN APPOINTMENT

480-398-1550 | INFO@CLEARDERMATOLOGY.NET



Beer, cocktail mixes, wine, wine coolers



Canned clams, shrimp, frozen lobster, scallops, dried cod



Instant tea, liquid tea concentrates, fruit juices



Brown, raw, powdered or white sugar from sugar beets



Canned seafood soups, dried soup mixes



Corn & maple syrups, fruit toppings, high-fructose corn syrup



Horseradish, onion relishes, pickles, olives, salad dressing mixes, white vinegar



Jams, jellies and preserves



Cookies, crackers, pie crust, pizza crust, quiche crust, flour tortillas



Dried fruit snacks, trail mixes, filled crackers



Cornstarch, modified food starch, gravies, batters, breadings



Fruit fillings, gelatin, pectin jelling agents



Canned, pickled & dried vegetables, instant and frozen potatoes



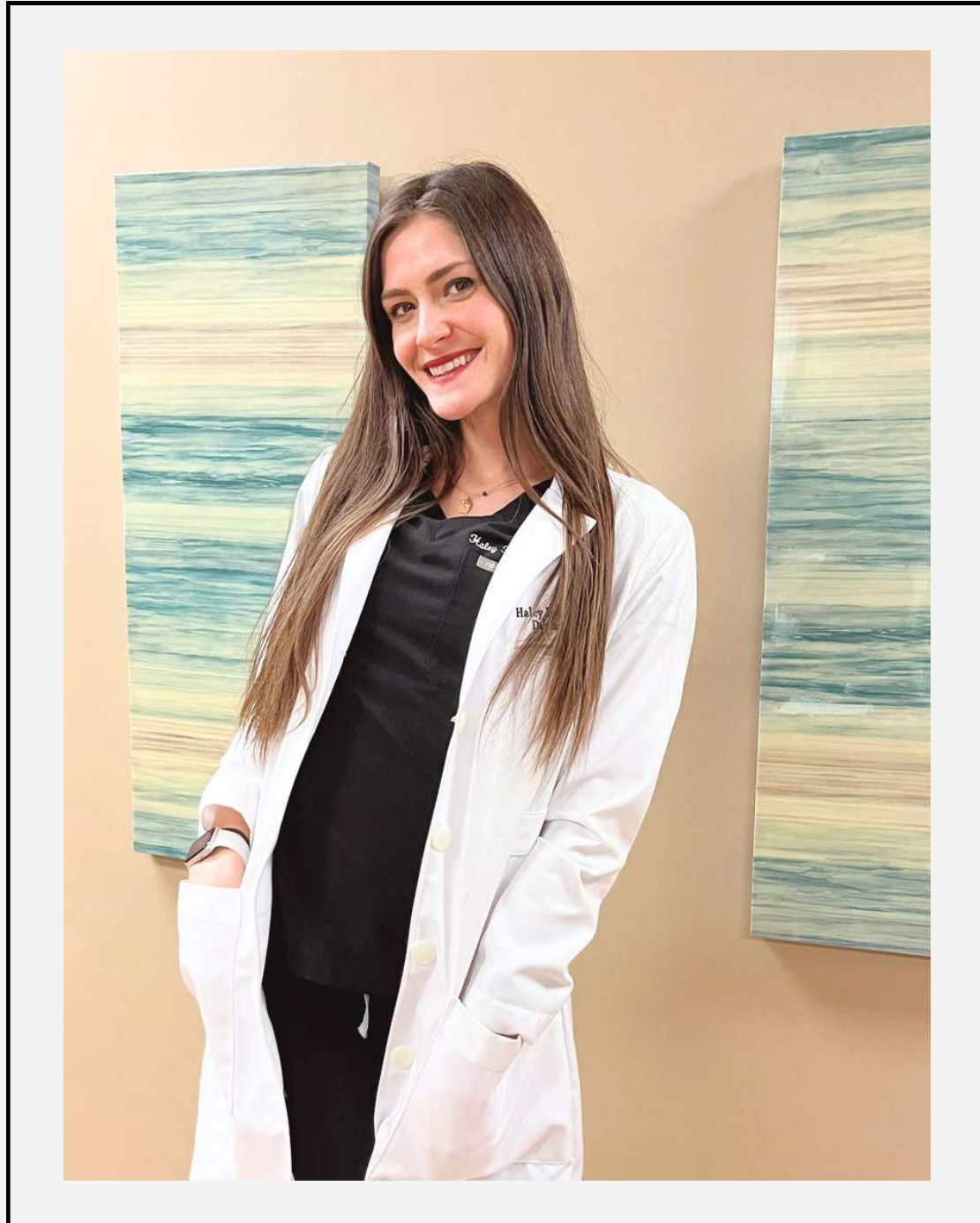
Shredded coconut



Cardiovascular drugs, antibiotics, tranquilizers, steroids, antiemetics, analgesis, and more.

SKINSIDER TIPS

with Haley Frazier, PA-C



Alpha Hydroxy Acids (AHAs) and Beta hydroxy acids (BHAs) are popular skincare ingredients known for their skin health benefits. These molecules have been found to help skin in the following ways:

1. **Exfoliation:** AHAs and BHAs help remove dead skin cells from the surface of the skin. AHAs specifically such as glycolic acid and lactic acid work by loosening bonds between dead skin cells; thus promoting their shedding.
2. **Improvement of skin texture/tone:** Regular use of AHA/BHA can result in smoother, more even skin tone.
3. **Treatment of hyperpigmentation:** By promoting cell turnover and exfoliating pigmented skin cells, AHAs can help fade discoloration and promote a more even skin tone.
4. **Treatment of Acne:** BHAs, such as salicylic acid, can penetrate into pores and dissolve oil and debris that contribute to breakouts.

It is important to note that AHAs and BHAs can increase skin sensitivity to sun, so it's essential to use sunscreen daily when incorporating these ingredients into your skincare routine. We carry several professional products containing AHA and BHA in our office. My favorite is the SkinMedica AHA and BHA cleanser. Ask your provider if an AHA and BHA containing product would be a good addition to your skin care regimen!





MONTHLY MOHS

with Dr. Ogrich

Ear lobe repair for **stretched** or **torn** ear lobes involves a surgical procedure where the extra skin is excised, or cut away. The excess tissue is carefully removed, ensuring that the remaining edges are clean and even. These edges are then sutured together, allowing the ear lobe to heal naturally. This precise suturing helps minimize scarring and ensures the ear lobe retains a natural shape as it heals. Once the healing process is complete, the ear lobe can be safely re-pierced if desired.

Dr. Ogrich is a Double Board-Certified Dermatologist and Micrographic Dermatologic Surgeon. She is Fellowship-trained in Mohs Micrographic Surgery & Dermatologic Oncology.

If you would like more information on Mohs surgery, please call or email our office: 480-398-1550 | info@cleardermatology.net.

BEFORE AND AFTER
EARLOBE REPAIR WITH DR. OGRICH



INFO@CLEARDERMATOLOGY.NET

480-398-1550

BEFORE AND AFTER
EARLOBE REPAIR WITH DR. OGRICH



INFO@CLEARDERMATOLOGY.NET
480-398-1550

We are thrilled with the successful restoration of this patient's earlobe to its original form, along with the addition of a new ear piercing.

She will now be able to enjoy her earrings for many more years to come!



INFO@CLEARDERMATOLOGY.NET

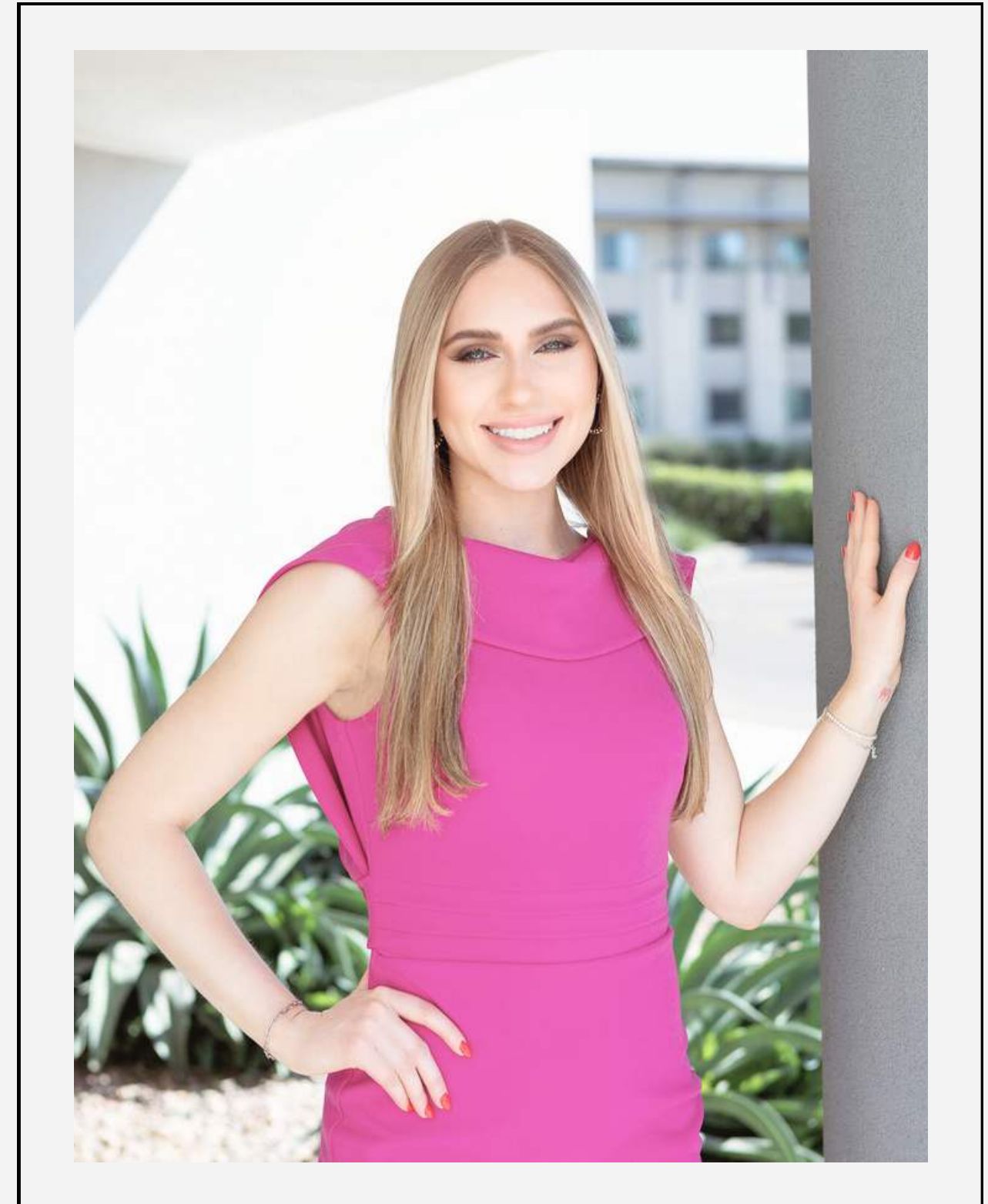
480-398-1550

WELCOME HANNAH, CE, LTE

Shortly after becoming a licensed aesthetician and laser technician in 2022, Hannah joined Clear Dermatology & Aesthetics Center as a medical assistant. Hannah has been able to expand her knowledge of medical treatments as well as aesthetic treatments by assisting our board-certified dermatologists at Clear Dermatology.

At the beginning of 2024, Hannah transitioned to a cosmetic assistant and aesthetician. Hannah's long term goal is to attend nursing school to become a cosmetic injector. Hannah is passionate about skincare and enjoys educating others on how to achieve the best results.

Hannah is now taking appointments at our Paradise Valley and Thompson Peak locations.



SCHEDULE AN APPOINTMENT

480-651-4989 | AESTHETICS@CLEARDERMATOLOGY.NET

WEBINAR

The Gentleman's Guide to Cosmetic Enhancements

Join us for our webinar with Dr. LaTowsky this month to learn about preventative and anti-aging treatment options for men such as:

- Skincare products
- Neuromodulators (Botox)
- Biostimulators (Sculptra and Radiesse)
- Radiofrequency, and more!

FRIDAY JUNE 14TH, 2:00PM

SIGN UP USING THE BUTTON BELOW



BEFORE & AFTER

480-651-4989 | INFO@CLEARDERMATOLOGY.NET

Sofwave & Filler



Baseline

Immediately After Treatment

Jawline and cheeks are more defined, and the neck is tighter!

BEFORE & AFTER

480-651-4989 | INFO@CLEARDERMATOLOGY.NET

Jawline Filler, Neuromodulators & Biostimulators



Skin is brighter, forehead and frown lines are smoother, and the jawline is more defined!

BEFORE & AFTER

480-651-4989 | INFO@CLEARDERMATOLOGY.NET

Botox



Forehead is smoother, and crows feet are softer!

BEFORE & AFTER

480-651-4989 | INFO@CLEARDERMATOLOGY.NET

Cheek Biostimulator



Skin is tighter and brighter!

MONTHLY MEMBERSHIPS

Our expert team designed these **exclusive memberships** to support the concept that **consistently investing in yourself** slows down and even **reverses the signs of aging**. Our team continuously researches the latest **cutting-edge, science-based cosmetic treatments** and **skincare products** to bring to our patients.

FOR FULL MEMBERSHIP POLICY AND PRICING DETAILS, PLEASE REACH OUT TO
OUR AESTHETICS COORDINATOR (480)398-1550

INJECTABLE MEMBERSHIP

with Miya Herrick, RN

- Monthly membership dues are applied towards injectable treatments.
- Discounted cost for injectable treatments.

Quarterly Member Benefits:

- 10 free units of neuromodulator
- Discounted Clear + Brilliant

Annual Member Benefits:

- Discounted Fraxel Dual facial treatment (available after 6 months of membership)
- Discounted Sofwave facial treatment
- 20% discount on skincare at sign up
- 10% discount on skincare while a member

(480) 651-4989

COSMETICS@CLEARDERMATOLOGY.NET



FACIAL MEMBERSHIP

with our Aestheticians

Choice of one of the below monthly treatments:

- DiamondGlow
- Signature Facial
- Medical grade peel

Discounted Upgrades:

- Clear & Brilliant
- CoolTone
- Intense Pulse Light Laser (IPL)
- Microneedling
- Vbeam
- PRX Party Peel

Membership Benefits:

- 20% discount on skincare at sign up.
- 10% discount on skincare while a member
- 20% off annual Fraxel Dual treatment (available after 6 months of membership)

(480) 398-1550

AESTHETICS@CLEARDERMATOLOGY.NET



DEVICE MEMBERSHIP

with our Aestheticians

Choice of one of the below monthly treatments:

- Clear & Brilliant
- Intense Pulse Light Laser (IPL)
- CoolTone
- Microneedling
- PRX Party Peel
- Theraclear

Discounted Upgrades:

- 1 cycle of CoolSculpting
- Sofwave® neck or jowl eraser

Membership Benefits:

- 20% off skincare upon sign up
- 10% off skincare during membership
- 20% off one Fraxel Dual treatment (available after 6 months of membership)

(480) 398-1550

AESTHETICS@CLEARDERMATOLOGY.NET

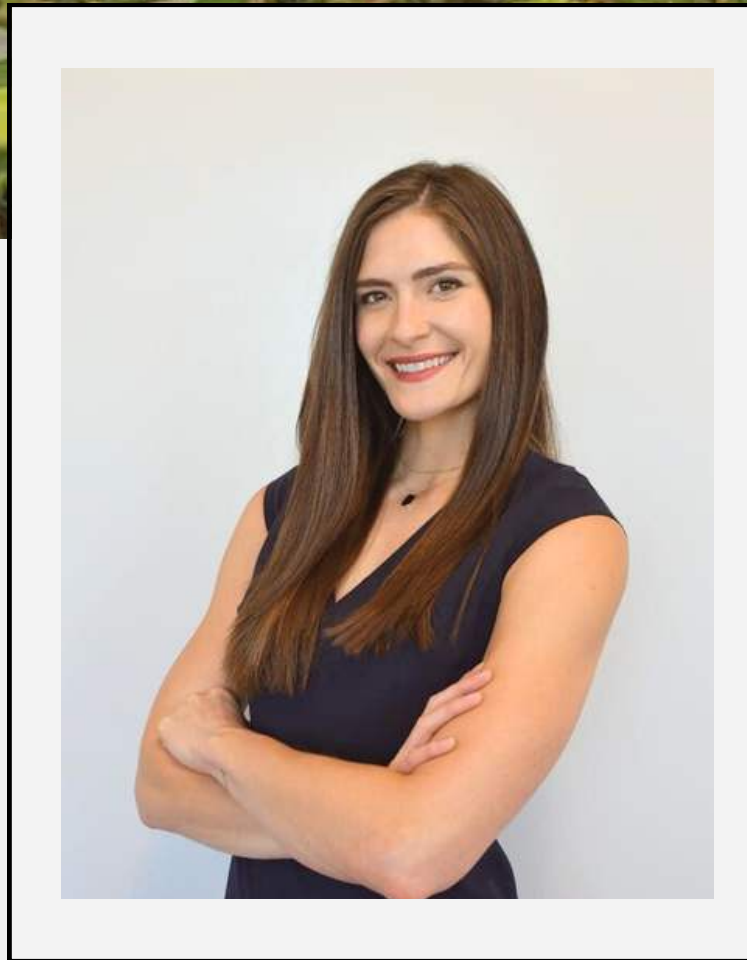




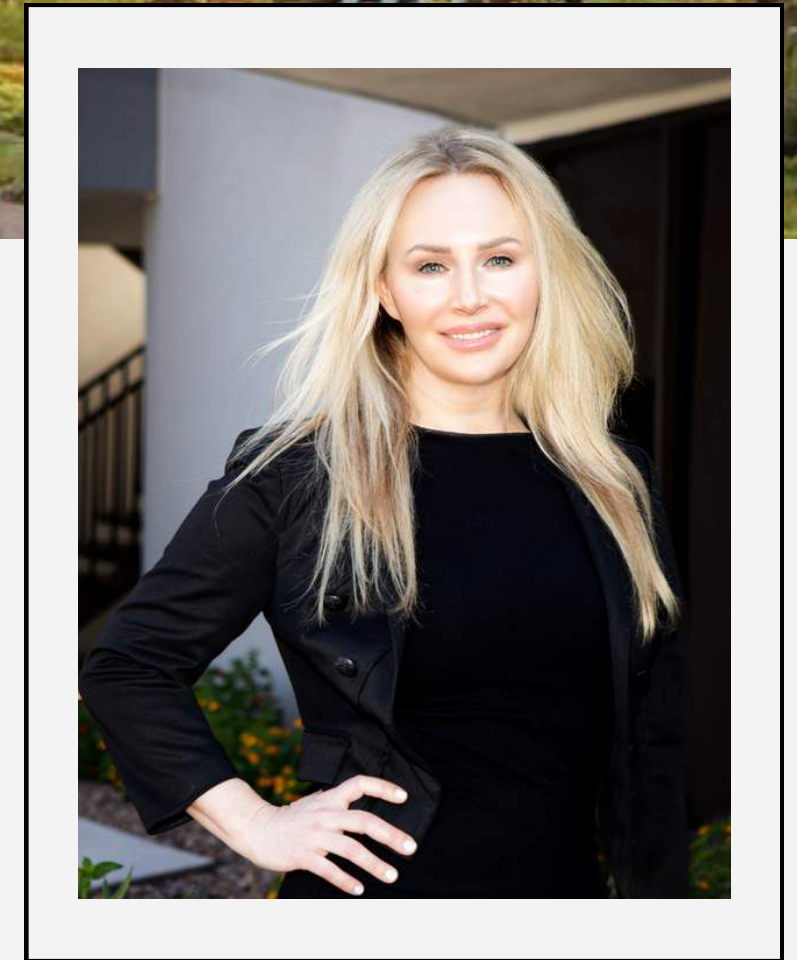
DESERT MOUNTAIN

Haley Frazier, PA-C and Miya Herrick, RN are accepting appointments at Desert Mountain every Monday!

Desert Mountain
10550 E. Desert Hills Drive
Scottsdale, AZ 85262



Haley Frazier, PA-C



Miya Herrick, RN

480-398-1550 | INFO@CLEARDERMATOLOGY.NET

Our team at InvestigateMD is conducting studies for the following conditions:



Pediatric
Psoriasis



Atopic
Dermatitis
(Eczema)



Hidradenitis
Suppurativa

Call our research line today to participate in one of these groundbreaking clinical research trials!

480-440-5985