

CLEAR
DERMATOLOGY &
AESTHETICS
CENTER

MAY 2024 NEWSLETTER

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480-398-1550 | info@cleardermatology.net



HYDROCHLOROTHIAZIDE

with Dr. Pearson

Hydrochlorothiazide is a commonly prescribed diuretic.

Years ago, I wrote an article on the risk of hydrochlorothiazide and non melanoma skin cancer, especially squamous cell carcinoma.

Hydrochlorothiazide is now also linked to an increased risk of melanoma. Studies indicate that prolonged use of hydrochlorothiazide at higher doses may elevate the risk of developing melanoma, especially in individuals with a history of significant sun exposure.



Melanoma associated with hydrochlorothiazide may be dose-dependent and increase with the duration of use. Studies have shown that individuals who have been on higher doses of hydrochlorothiazide for extended periods are more likely to develop melanoma compared to those on lower doses or shorter treatment durations.

For example, a study conducted in Denmark found that individuals who had been on hydrochlorothiazide for more than five years had a higher risk of developing melanoma compared to those who had been on the medication for a shorter duration. Additionally, **the risk of melanoma appeared to increase with higher cumulative doses of hydrochlorothiazide over time.**

Patients who are on higher doses of hydrochlorothiazide or have been on the medication for an extended period should be monitored closely for any signs or symptoms of melanoma.

Schedule a consultation with Dr. Pearson
480-398-1550 | info@cleardermatology.net

MONTHLY MOHS

with Dr. Ogrich

This patient underwent Mohs surgery for a Basal Cell Carcinoma in her crow's feet area. The defect was repaired using an advancement flap in order to preserve the symmetry of the eyebrow and forehead. We are so pleased with this patient's cosmetic results.

Dr. Ogrich is a Double Board-Certified Dermatologist and Micrographic Dermatologic Surgeon. She is Fellowship-trained in Mohs Micrographic Surgery & Dermatologic Oncology.

If you would like more information on Mohs surgery, please call or email our office: 480-398-1550 | info@cleardermatology.net.



Mohs Tumor Removal and Repair

with Dr. Ogrich



SKINsider TIPS

with Haley

Spotlight on skin trends: Pineapple Enzyme – should you sink your teeth into it?

Serums containing pineapple have recently garnered attention online and on social media due to potential benefits for skin health. But is it all just juicy gossip?



Pineapple contains **bromelain**, an enzyme with anti-inflammatory properties that some studies show can reduce redness and swelling, making it beneficial for those with acne-prone or sensitive skin. Moreover, bromelain aids in exfoliation by gently removing dead skin cells, promoting a brighter complexion and smoother texture. Pineapple is also rich in Vitamin C; an antioxidant known for its ability to protect the skin from environmental stressors.

Although more research needs to be done to confirm these effects; preliminary studies have shown that topical application of bromelain enzyme can enhance skin hydration and elasticity; making it a promising ingredient in skincare formulations aimed at improving overall skin health.



Schedule a consultation with Haley
480-398-1550 | info@cleardermatology.net

SKIN CANCER AWARENESS MONTH

with Dr. Latowsky

May is Skin Cancer Awareness month, and I would love to take this opportunity to make sure you and your loved ones are up to date on skin checks. The facts on the following page are provided the Skin Cancer Foundation. I recently had the privilege of being a part of their Destination Healthy Skin: Free Skin Cancer Screening; Education Program.

This program involves an RV that travels the country. Volunteer dermatologists (such as myself) have provided more than 29,000 free skin cancer screenings and distributed free skin cancer educational materials and sun protection products to more than 100,000 people. During the time I volunteered, I provided skin cancer screenings to 25 people in the RV – that was a new experience!



Here are some stunning facts regarding skin cancer:

- **One in five** Americans will get skin cancer by age 70.
- More than two Americans die of melanoma **every hour**.
- **When detected early**, the five-year survival rate for melanoma
- is 99%.

There have been so many times that I have found skin cancers on patients, and they had no idea the cancer was there. I have found melanomas on buttocks, in between toes, and on faces during Botox appointments. I give these examples to emphasize the importance of having a professional complete a head-to-toe skin exam on a regular basis.

There are differing opinions as to how often a skin cancer check should be performed. I tend to recommend annually for most adults in Arizona, given our high rate of skin cancers. For those with a personal history of skin cancer, I recommend twice a year if the skin cancer has been within the last two years, and annually thereafter. At our practice, we offer appointments with experts in skin cancer detection and we pride ourselves on the quality of our exams and the care we provide.

We would love to help you with your skin examination, or any issue you may be having with your skin – please feel free to schedule by clicking the link below or calling our office at:

480-398-1550.



Congratulations



It's such an honor to have received this recognition and for the opportunity to serve such an amazing community.

Dr. LaTowsky

Featured in Paradise Valley
City Lifestyle's May issue

Brenda LaTowsky, M.D.
Clear Dermatology

PARADISE VALLEY
CITY LIFESTYLE



Featured in PARADISE VALLEY City Lifestyle Magazine May 2024

SOFWAVE FOR THE SUMMER *Webinar*

Join us for our monthly webinar Friday, May 17th at 3 pm! We will be discussing how to get your **face and body ready for the summer with Sofwave treatments!**

Learn how Sofwave can:

- lift
- tighten
- brighten

Register using the link below!



Before & After

Softwave



BEFORE

3 MONTHS AFTER 1ST TREATMENT

480-651-4989 | cosmetics@cleardermatology.net

Before & After

Softwave



BEFORE



3 MONTHS AFTER 1ST TREATMENT

480-651-4989 | cosmetics@cleardermatology.net

Now Offering: Medical & Cosmetic Services at Desert Mountain Community

Haley Frazier, PA-C and Miya Herrick, RN
are accepting appointments at Desert Mountain every Monday!



Desert Mountain
10550 E. Desert Hills Drive
Scottsdale, AZ 85262

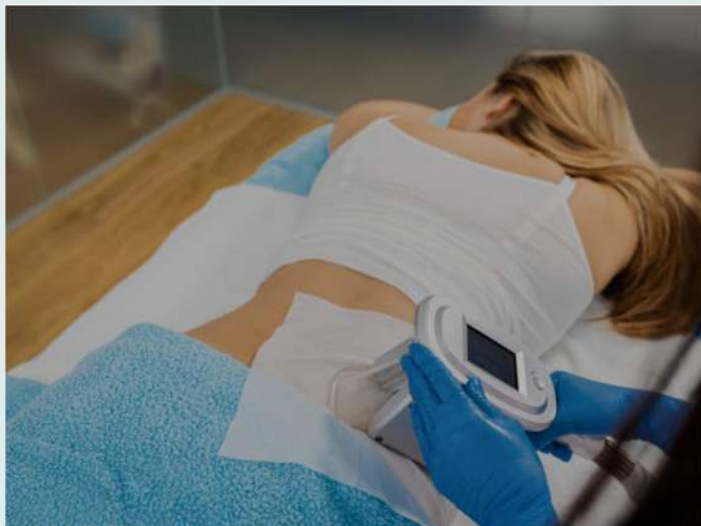


Call our office to schedule: 480.398.1550

Spring Specials

Coolsculpt Giveaway

Purchase 12 cycles of CoolSculpting® body contouring, receive 4 cycles complimentary!



Beach Body Ready

15% off the following laser hair removal packages (6 session packages):

Underarms

Bikini

Legs



Rebuild Collagen & Elastin, and Restore Volume with Radiesse

Save \$150 on 2 syringes of Radiesse® with Miya Herrick, RN, our Nurse Injector



Complimentary DiamondGlow

Receive a complimentary Vitamin C Serum DiamondGlow® after your first consultation and treatment with Miya Herrick, RN, our Nurse Injector!



Valid 4/1/24 through 6/30/24

480-651-4989 | cosmetics@cleardermatology.net

Monthly Memberships

Our expert team designed these exclusive memberships to support the concept that consistently investing in yourself slows down and even reverses the signs of aging. Our team continuously researches the latest cutting-edge, science-based cosmetic treatments and skincare products to bring to our patients.

INJECTABLE MEMBERSHIP

with Miya Herrick, RN

- Monthly membership dues are applied towards injectable treatments.
- Discounted cost for injectable treatments.

Quarterly Member Benefits:

- 10 free units of BOTOX®
- Discounted Clear + Brilliant®

Annual Member Benefits:

- Discounted Fraxel Dual® facial treatment (available after 6 months of membership)
- Discounted Sofwave® facial treatment
- 20% discount on skincare at sign up
- 10% discount on skincare while a member

FACIAL MEMBERSHIP

Choice of one of the below monthly treatments:

- DiamondGlow®
- Signature Facial
- Medical grade peel

Discounted Upgrades:

- Clear & Brilliant®
- CoolTone®
- Intense Pulse Light Laser (IPL)
- Microneedling
- Vbeam
- PRX Party Peel

Membership Benefits:

- 20% discount on skincare at sign up.
- 10% discount on skincare while a member
- 20% off annual Fraxel Dual® treatment (available after 6 months of membership)

DEVICE MEMBERSHIP

Choice of one of the below monthly treatments:

- Clear & Brilliant®
- Intense Pulse Light Laser (IPL)
- CoolTone
- Microneedling
- PRX Party Peel
- Theraclear

Discounted Upgrades:

- 1 cycle of CoolSculpting®
- Sofwave® neck or jowl eraser

Membership Benefits:

- 20% off skincare upon sign up
- 10% off skincare during membership
- 20% off one Fraxel Dual® treatment (available after 6 months of membership)

FOR FULL MEMBERSHIP POLICY AND PRICING DETAILS, PLEASE REACH OUT TO OUR AESTHETICS COORDINATOR (480)398-1550



The research team at **Investigate MD** is passionate about contributing to innovation in the field of dermatology through dedication to clinical research and patient care.

If you or someone you know is interested in participating in a clinical trial or want to learn more, please contact us today.

Call or text: 480-440-5985 | Email: Research@InvestigateMD.com



Enrollment is filling fast, be sure to secure your spot now!

Our team at InvestigateMD is conducting studies for the following conditions:



Male Pattern
Baldness



Hidradenitis
Suppurativa



Atopic
Dermatitis
(Eczema)



Alopecia Areata
(Patchy hair loss)



Pediatric
Psoriasis

Call our research line today to participate in one of these groundbreaking clinical research trials!

📞 **480-440-5985**